Celebrate International Women's Day TODAY!

PORMPURAAW INTERNATIONAL WOMEN'S DAY CELEBRATION

♡ Celebrating the strength, resilience and achievements of women in our community.

Monday, 09th March 2026
Time: 10:00am – 8:30pm
at
Maanthchangk Women's Shelter

10:00am – 10:30am
Morning Tea

DAY ACTIVITIES (10:30am – 5:00pm)

Registration / Sign In
Arts & Crafts – Painting
Arts & Crafts – Beading / Jewellery Making
Arts & Crafts – Weaving / Knitting
Pampering Station
Apunipima Health Promotions

12:00pm – 1:00pm
🍽 Lunch
Programs continue throughout the afternoon until 5:00pm.

EVENING PROGRAM – BINGO NIGHT

5:00pm – 6:00pm
Set up for BINGO Night
Pick-ups begin at 5:00pm (last pick-up 7:00pm)
Drop-off available after program
Phone: 0488 336 066

6:00pm – 8:00pm
🎱 BINGO Night Begins

International Women's Day

Pormpur Ngamplin Pam Mongthak Aboriginal Corporation
Maanthchangk Women's Shelter – Pormpursaw
Celebrating Women. Honouring Strength. Building Community.

Supported by:
Apunipima Cape York Health Council

apunipima
CAPE YORK HEALTH COUNCIL

PORMPUR NGAMPLIN PAM MONGTHAK
ABORIGINAL CORPORATION

ARTS & YARNS *Program*

FREE Art Therapy workshops for parents and carers based on the Bringing Up Great Kids program

ABOUT THE PROGRAM

- Use art and gentle reflection to explore your parenting journey in a safe, supportive space
- Build emotional awareness, empathy, and secure connections with your children
- Slow down, yarn together, and gain practical insights for raising confident, resilient kids

HEALING CENTRE
WEDNESDAYS 10AM – 11:45AM

TO ATTEND, PLEASE CONTACT THE HEALING CENTRE

THIS WEEK!

DATES:

- Wednesday 11th February
- Wednesday 25th February
- Wednesday 11th March
- 25th March

Outside School Hours Care – OSHC

ENROL NOW!

Do you have family or friends with school-aged children who need care before school, after school, or during school holidays?

Enrolments are now open!

If you know any families who would like to enrol their children, please call Sandra or Ganthi, who will be happy to assist with enrolment information and support.

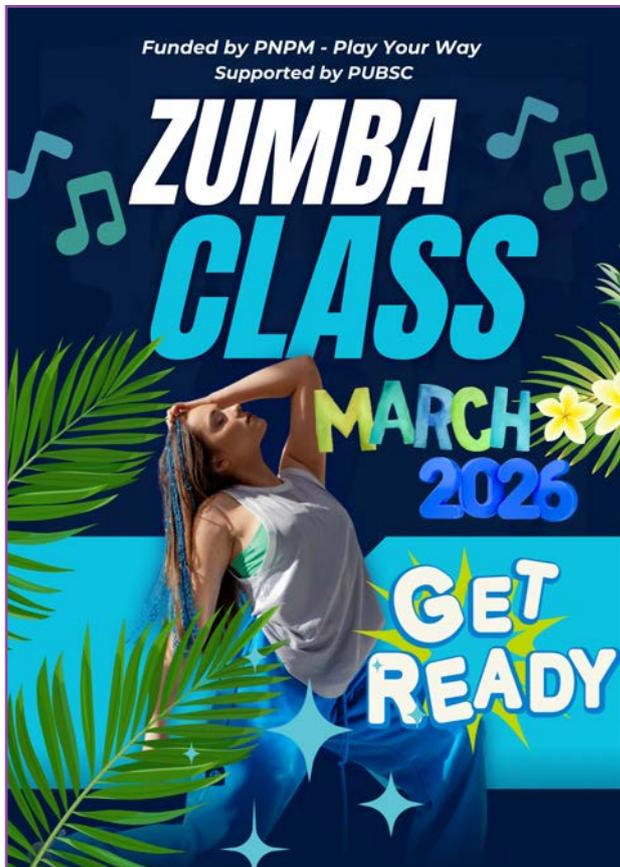*Please spread the word to family and friends.*

CYCLONE & STORM-READY LIST

Stay in your home.

1. Pick up all rubbish in your yard that could blow around
2. Get water & water containers ready
3. Dried or canned food and a can opener
4. Matches, fuel lamp, portable stove, cooking gear, eating utensils; and waterproof bags
5. Have your medication in a safe place with you
6. Dry Clothes to wear

Remain in your home until the storm is over.

Do not go out during the storm.

CHILD SAFE STANDARDS
– QUEENSLAND –

Keeping Our Children Safe in Our Community

- Children have the right to feel safe
- Children have the right to speak up
- Adults must listen and act
- We do not ignore unsafe behaviour

Our Commitment

- Respecting children and young people
- Listening to children's voices
- Providing a culturally safe environment
- Safe recruitment and trained staff
- Clear and safe reporting pathways
- Zero tolerance for abuse, neglect or harm

PNPM follows the Queensland Child Safe Standards to protect all children in our community.

Tell a trusted family member or a safe adult if you are worried about a child or contact:
PNPM Healing Centre – Phone: 07 4060 4260
Justice Centre – Phone: 07 4060 4263
Police Emergency: 000
Police Assistance (non-urgent): 131 444

Funded by

QUEENSLAND **Family & Child** Commission

PORMPUR NGAMPLIN PAM MONGTHAK
ABORIGINAL CORPORATION

Funded by PNPM - Play Your Way
Supported by PUBSC

ZUMBA CLASS
MARCH 2026
GET READY

Bus Shopping Services

**PLEASE CALL FOR TRANSPORTATION
FROM HOME TO SHOPPING OR VICE VERSA
0497 799 575
FROM 9AM TO 4.30PM**

To report sly grogging, phone the confidential Sly Grog Hotline on 1800 500 815

ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING, CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY